



Dr. Toni Varela, NMD

**939 Hartz Way, Ste 100 Danville, CA 94526 •
(925)786-0375**

PEDIATRIC INTAKE FORM (6 – 12 YEARS)

Welcome to your first visit. Enclosed is a complete intake form to submit prior to your visit. You can email it to the clinic beforehand or bring it with you to the office visit. Thank you for taking valuable time to fill out the intake.

Patient's Name: _____ Date: _____
Age: _____ Date of Birth: _____ Gender: Female Male
Parent/Guardian's Name: _____ Insurance Plan: _____
Address: _____
Telephone (home): _____ (Parent's work): _____
Parent(s) email address: _____

How did you hear about this clinic? _____
Name of doctor's office/hospital/clinic where your child's health records are kept:

What is your child's health concerns? List in order of importance.

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

Birth city, state: _____ Birth weight _____

Does your child have any contagious diseases? Yes No

If yes, what? _____

FAMILY HISTORY (check all that apply)

X	Condition	X	Condition
	Heart Disease		Arthritis
	Hypertension		Allergies
	Cancer		Osteoporosis
	Mental Illness		Birth Defects
	Diabetes		Asthma
	Tuberculosis		Other:

Medical History (check any that your child has or has had)

X	Condition	X	Condition	# of infections
	Chicken Pox		Tonsillitis	
	Scarlet Fever		Ear Infections	
	Measles		Strep Throat	
	Mumps		Rheumatic Fever	
	Rubella		Other:	
	Pertussis			

Has your child ever had any of the following? When, Where, and Results.

Electroencephalograms (EEG):

Psychological evaluations:

Hearing tests:

Speech/language tests:

Blood tests:

Please bring in any relevant laboratory and imaging results if you have access to them.

Injuries/surgeries/hospitalizations (please list):

IMMUNIZATIONS

X	Immunization	X	Immunization
	MMR		Tetanus
	DPT		Rubella
	Chicken Pox		Polio
	Measles		H. flu
	Diphtheria		Flu
	Small Pox		Other:
	Mumps		

Adverse reactions: Y N

Is your child hypersensitive or allergic to:

Any drugs? _____

Any foods? _____

Any environmental factors? _____

Breast fed? Yes No If yes, how long? _____

Formula fed? Yes No If yes, milk/soy/other

Typical Food Intake

Breakfast: _____

Lunch: _____

Dinner: _____

Snacks: _____

Drinks: _____

Water: _____

Please list any prescription medications, over-the-counter medications, vitamins or supplements your child is currently taking.

1) _____ 5) _____

2) _____ 6) _____

3) _____ 7) _____

4) _____ 8) _____

X	Condition	X	Condition	X	Condition	X	Condition
	Mood swings		Acne, boils		Nose bleeds		Frequent urination
	Irritable		Itching		Stuffiness		Bed wetting
	Hyperactivity		Headaches		Hayfever		Belching/ gas
	Introvert		Head injury		Sinus problems		Stomach aches
	Extrovert		Dizziness		Frequent sore throats		Constipation
	Anxiety		High fever		Canker sores		Diarrhea
	Cries easily		Eye pain		Cough		Joint pain
	Unusual fears		Glasses/contacts		Asthma		Muscle spasms
	Sleep issues		Tearing/ dryness		Wheezing		Broken bones
	Nightmares		Earaches		Bronchitis		Anemia
	Heat/cold intolerance		Impaired hearing		Heart disease		Easy bleeding
	Fatigue		Frequent colds		Murmurs		Easy bruising
	Rashes		Eczema		Low blood sugar		High blood sugar

Is there any information about your child's health that you would like to add?

What expectations do you have for your child from working with our clinic?

Welcome and I am honored to work with you and your child!

X _____

Date: _____

Signature